



Note from founder... Kathy Groom

There are a lot of weird things people believe these days. Especially about prayer. Many well-intentioned souls whisper prayers into the wind, not even sure what they believe or who they are praying to. But, oh, what amazing things happen when Prayer Sisters pray God's truth together!

One day during our regular prayer time, I noticed that one of our Prayer Sisters was discouraged, yet hopeful—all at the same time. Her determination intrigued me. As our prayer time continued, she reached into the outer flap of her Bible and pulled out several worn index cards. She then started reading aloud her handwritten words, which we soon recognized as scriptures with

one small, significant switch. In every place appropriate, she substituted the names of her loved ones who needed the truth of that particular scripture. She prayed, "Lord, you have said in your word 'I will be with ____ in trouble, I will deliver ____ and honor ____.'" (from Psalm 91:15) I trust you to do this for my son who is in trouble today."

Each one of us felt the intensity of faith fill the room as we agreed with our friend. As we prayed with Biblical truths packed into our words, we were comforted once again and filled with hope by the truth of God's promises.

This is our prayer at Prayer Sisters International... that your heart and mind would be filled with God's truth. And that his truth will empower your prayers, strengthen your friendships and nourish your soul.

We are committed to helping you in any way we can! Our newest project is the completion of the **Prayer Sisters Guidebook: Connecting**. It is filled with stories describing how God's truth has helped us in our prayers and our relationships. We are eager to share it with you. Let us hear from you and we'll send it your way!

Praying God's truth,



Watch our website

www.prayersisters.org for the Prayer Sisters Online Store coming soon. In the meantime, contact us at admin@prayersisters.org.

We'll let you know how you can order your own Prayer Sisters Resources right away.

*Then you will call,
and the Lord will
answer; you will
cry for help, and
he will say: Here
am I.*

—Isaiah 58:9

**Ministry Leaders Guide
Coming Soon!**

Prayer Sisters Resources...

The Prayer Sisters Handbook, **Starting the Connection**, is the perfect tool for every Prayer Sister. We highly recommend each member of your group get one!

This small book gives valuable information on what it means to be a Prayer Sister, suggestions on how to successfully manage your get-togethers, helpful forms, tons of Sisterly Advice and more.

(only \$5.00 each plus 10% shipping)



The new guidebook, **Connecting**, is also now available!

Connecting is designed to help you start down the path together as Prayer Sisters. Picture it as experienced Prayer Sisters joining you for your first few sessions together, sharing experiences and offering valuable suggestions. It is comprised of brief stories, personal challenges and group check-up questions as well as a place to journal prayer requests and answers. Each Prayer Sister will be sure to want her own!

(only \$7.50 each plus 10% shipping)

Profile of a Prayer Sisters Group...

Meet a Prayer Sisters group from Albuquerque, New Mexico!

These six friends have been praying together for approximately three years. They meet every Sunday evening in the prayer room at their church, Glory Christian Fellowship. They rarely miss a Sunday, except for special occasions like Christmas and Mother's Day.

Five of these six Prayer Sisters have been friends since they were teenagers. They first decided to begin praying together because, "We really felt that we needed to get together and pray for each other, to come into agreement and keep each other covered," said Tamma Williams-Andrews, the group's leader. The guidelines of Prayer Sisters International appealed to these committed friends because they wanted "to be accountable and have guidelines to follow." They realized

that they needed to lift their matters up to God and not each other to solve. "We feel that women can be uncertain of how to start a group and what you need to do and the guidelines that need to be followed to be successful in having a prayer group," says Tamma.

The ministry of these faithful, praying friends extends beyond their own Prayer Sisters circle. Stacy has been leading a Bible study with more than 90 women in attendance. Glenna and Tamma have completed the school of ministry at their church. Glenna, who by occupation is a private banker, became ordained and is a pastor at the University of New Mexico Hospital, which is one of the top trauma hospitals in this region. Toni is active in a group called Fit for God. She is lovingly referred to as the Teeny, Tiny Torture Trainer. Kathy has always been the one responsible for documenting and photographing this Prayer Sisters group's memories. Vicki is active



(l-r) Vicki Schroeder, Glenna Gebara, Toni Burgess, Tamma Williams-Andrews, Stacy Abruzzo, Kathy Dominguez,

in teaching Bible studies at First Covenant Church, also in Albuquerque. Each Prayer Sister is active in the body of Christ, whether it is leading life groups (small groups that meet on interesting topics, i.e. health, Bible studies, scrap-booking, exercise, etc), helping with the study, or feeding the homeless every third Saturday of the month.

Sisterly Advice...

On Friendship

Look at your Prayer Sisters friendships as an adventure. We can learn so much from one another's differences and experiences.

On Prayer

Don't allow yourself to feel guilty about asking for prayer for yourself. In fact, our Prayer Sisters will thank us for opening up so they can freely do the same! All of us need the personal prayer support of our friends.

On Spiritual Growth

The more we pray, the closer to God we will get. That's the way it works! (see James 4:8)



Sister Story...

For those of you who have been blessed with a sister or two or three, you know there is a bond that is shared. A bond that can finish your sister's sentences, tread her thoughts and knows instinctively when something is bothering her. I have two sisters who I treasure deeply; one of whom is also a Prayer Sister. I have six Prayer Sisters; sisters in Christ who pray together for each other.

God brought these sisters into my life at a time when I needed them most. I was diagnosed with breast cancer last November. The weeks and months that followed changed my life in more ways that I thought possible. Through it all I saw the hand of God working, lifting me, and healing me. One way he's done that is through Prayers Sisters. At times when I was too discouraged to pray, they interceded. Their love of God clearly presents itself each and every time we get together. We lift each other's spirit, we accept each other's shortcomings and we support each other without judgment.

Prayer Sisters has been an answer to prayer and I thank God for it everyday.

In Christ,
Penny Hovda