

PRAYER SISTERS™

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Note from founder... Kathy Groom

Persistence. Now, that's something we need to keep us praying! But at times it's just plain hard to keep going. In fact... have you ever wanted to quit? I sure have.

Sometimes when I don't see my prayers being answered the way I'd hoped, I hear a nagging question that rings through my head: "What difference does it make anyway?" And I admit that some days I give into the question and I lay down my sword, too weary to persevere.

But then, the Holy Spirit nudges me from within with his truth. He helps me recognize the enemy's lie-filled strategy to keep me from the battlefield of

prayer. He just won't let me quit. And... neither will my Prayer Sisters!

Our Prayer Sisters can be our most valuable allies. They rally around us in our discouragement. They speak comfort to our wounds. They encourage our weary souls. And they wield their swords in prayer for us. We do that for each other. Because it is quite likely that each Prayer Sister will hear that nagging question and be discouraged from time to time, and it will be our turn to stand up in her place praying for the many needs in her life.

Prayer Sisters... We pray, we trust God and we wait—

together. In other words, we help one another be persistent in prayer. That's about the best thing we can do as a friend, don't you think?

Keep praying,

The greatest answer to prayer we can ever receive:

PEACE

"Don't worry about anything; tell God your needs and don't forget to thank him for his answers. If you do this you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will keep your thoughts and your hearts quiet and at rest as you trust in Christ Jesus"

*(Philippians 4:6-7)
(The Living Bible)*

"I am grateful for the peace God gives and the confidence I feel when I ask my sisters to pray."

—Linda

Prayer Sisters Resources...

The Prayer Sisters Handbook, **Starting the Connection**, is the perfect tool for each Prayer Sister. We highly recommend each member of your group get one! This small book gives valuable information on what it means to be a Prayer Sister, suggestions on how to successfully manage your get-togethers, helpful forms, tons of Sisterly Advice and more.

(only \$5.00 each plus shipping and handling)

Watch our website www.prayersisters.org for the Prayer Sisters Online Store coming soon. In the meantime, contact us at admin@prayersisters.org.

We'll let you know how you can order your own Prayer Sisters Resources right away.

The guidebook, **Connecting: Seven Lessons to Connecting in Friendship and Prayer**, is designed to help you start down the path together as Prayer Sisters. Picture it as experienced Prayer Sisters joining you for your first few sessions together, sharing experiences and offering valuable suggestions. It is comprised of brief stories, personal challenges and group checkup questions as well as a place to journal prayer requests and answers. Each Prayer Sister will be sure to want her own! (only \$7.00 each plus shipping and handling)

Prayer Sisters groups that have already started will find the lessons in **Connecting** extremely valuable. Order your copies today!

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Profile of a Prayer Sisters Group... (Young moms near Denver, CO)

When these young moms heard stories from an older Prayer Sisters group at their church, Faith Baptist, they knew that they wanted that same kind of friendship. As one said, "The way that they talk about how their Prayer Sisters helped carry them through the most difficult times in life is just amazing. Each of us in our group wanted that kind of connection and support."

They started meeting in February 2006, and have already grown close as Prayer Sisters. One member said, "I can't tell you how many times we each get phone calls from the others to check on how we're doing when

we're facing certain trials, awaiting results, or dealing with something that we've shared in prayer."

When one sister was going through a difficult time at home, another sister showed up with dinner for her family, while another showed up the next morning with a favorite Starbucks treat to brighten her day. Recently, they gathered in the home of a sister whose home had been on the market for a long time. They said, "We are excited to see the Lord work in this one!"

So, are these Prayer Sisters receiving the connection and support they'd hoped for? Well, as one of them recently said,



L-r: Darby Ulliyatt, Katherine Bohler (with Elijah), Katie Martens, Renee Stubbings, Candice Trevino. Front Row: Cherilyn Geislinger, Lia Cole

"These gals are just so perceptive of need and they act. I have never felt so loved and accepted." I'd say so!

For Ministry Leaders...

If you would like to see women connecting as Prayer Sisters within your local church—we can help you do that!

At Prayer Sisters Intl., we are committed to helping you launch an active Prayer Sisters ministry within your own church or organization. We can give direction, answer questions and provide resource materials that will help your women connect.



Consider letting us help you with a one-day kickoff event or a weekend retreat to introduce Prayer Sisters. Picture your women catching the vision of praying together and connecting in friendship during a Prayer Sisters event and then continuing that growth in an ongoing Prayer Sisters ministry at your own church. It's a beautiful sight!

Let us know how Prayer Sisters Int'l can help you and the women in your church...make the connection.

"To think that I can have someone come into my church and help me launch a ministry that helps women connect and pray more — I'm all over that!"

—Ruth, Spiritual Formation Associate Pastor

Contact us at info@prayersisters.org for more information.

Sisterly Advice...

On Friendship

Sometimes the smallest words of encouragement can bring the biggest rewards of hope!

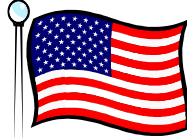
On Prayer

In all kinds of prayers, whether details work out the way we want or not, we can know that God is answering when our panicked heart calms down and our anxiety is replaced with soothing, restful peace.

On Spiritual Growth

God never grows weary listening to us. It doesn't matter how many times we repeat our cries to him. In fact, he tells us to be persistent. Read Luke 11: 5-13 to see what Jesus says about this.

Sister Story...



When Darby's Prayer Sisters decided last summer to meet on Monday mornings, she didn't realize they would be meeting on the anniversary of 9/11—a day that brought back personally painful memories.

Darby's husband worked in the World Trade Center and was there that fateful day five years ago. By God's mercy he survived, but the horrors of that experience have been hard to forget.

When Darby and her Prayer Sisters met to pray, she said "I DID NOT realize until that morning just how difficult it was going to be to get through the day. And I am so thankful to my Lord for the women he gave me to be with me all morning and just spend that time in prayer and worship. What an awesome God we have."

While the rest of the nation, and the world, remembered the devastation of 9/11, this group of Prayer Sisters brought comfort to one of their own.