

# PRAYER SISTERS



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## Note from founder... Kathy Groom

Last week one of my Prayer Sisters became teary-eyed as she shared a difficult prayer request. We rallied with our usual support. One gal put her arm around our troubled friend while I dug through my purse for a not-too-rumpled tissue.

Suddenly one of our usually composed friends giggled. Suppressed at first, her snicker erupted into a full-blown chuckle. Not necessarily an appropriate time for laughter, you know what I mean?

We all stood to see the source of humor—on the other side of the window, just past our crying friend's head, swung a panicked squirrel with all four legs pointing in different directions foiled

in his attempt to reach the bird feeder.

This little sidetrack prompted a conversation about bird feeders and the nasty weeds that pop up underneath them. (We're so deep, you know.) We shared our best tips for pest and weed control and then... as good friends often do... we migrated to the more important challenges in our lives, like self control and personal spiritual disciplines.

"I need to get together with you girls more often," our chuckling girlfriend said. "I learn so much. I mean, *who knew?*"

She was tickled to know she could have birds without the

weeds. But I know her words reflected way more than bird-seed education.

Because Prayer Sisters do learn from one another. I love how we do that! We can share silly household tips and important spiritual growth ideas, all in one sitting. As Prayer Sisters, we each have a wealth to share. Just imagine how much we can help each other grow!

This spring, I pray for Prayer Sisters groups everywhere that your conversations, and your friendships, will be rich and meaningful and full.

In sisterly prayer,

**"Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom..."**  
— Colossians 3:16

"My Prayer Sisters have inspired me in my walk with Christ"  
~Carol Jean



"We are so connected now. I don't know what we'd do without our Prayer Sisters."  
~Ann

## For Ministry Leaders...

Let us know how we can help you and the women in your church make the connection as Prayer Sisters—through resource materials, a one-day kickoff event, a weekend retreat, or simply by answering your questions. Contact us at [info@prayersisters.org](mailto:info@prayersisters.org) for more information.

### The words of one Ministry Leader...

"Prayer Sisters make a difference!"

At Crossroads Community Church, women are experiencing spiritual growth, abundant blessings and intimate relationships in their Prayer Sisters groups. As we have learned to trust each other with even the ugly, painful parts of

our lives, we have found grace, healing and hope.

At our annual Women 4 His Glory Retreat, we heard story after story of how Prayer Sisters have ministered to each other in times of distress, need, or joy. In addition to lifting their Sister up in prayer, they blessed each other with practical helps, encouragement, and friendship.

We long to see every woman at our church learn what it means to be a part of God's family by finding a place in a group of spiritual sisters.

Royce Uyechi  
Prayer Sisters Leader  
Crossroads Community Church  
Parker, Colorado



[www.PrayerSisters.org](http://www.PrayerSisters.org)

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## Sister Stories...

### Jennifer's Prayer Sisters did an amazing thing...

As a new Christian, Jennifer joined a Prayer Sisters group at her local church. She quickly encountered the "hands-on" love of Jesus through her new friends.

When her unbelieving mother's health was ailing, Jennifer's Prayer Sisters graciously gathered their cleaning gear and helped clean her house. Rayetta, Jennifer's mother, later said, "I had never seen love like that before. I wanted what they had."

And the amazing thing? Jennifer's Prayer Sisters led her mother into a personal relationship with Jesus. Now how cool is that?!



## Sisterly Advice...

### On Friendship

Every treasured friendship has a beginning. If you are meeting new friends at Prayer Sisters for the first time, be patient as you grow in relationship together. Ask God to help you build towards a trusted friendship. If you are fortunate enough to be Prayer Sisters with long-time friends, thank God today for that blessing!

### On Prayer

There is something unbelievably comforting about hearing your good friends pray for you and your family. Commit to confidentiality so you can share your requests openly and honestly with one another. Then let your hope become refreshed and renewed as you pray together.

### On Spiritual Growth

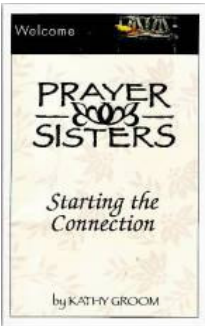
Saturate your mind and your spirit with God's word--especially his promises. They give hope you can hold on to!

*We have this hope as an anchor for the soul, firm and secure.*

-Hebrews 6:19

## Prayer Sisters Resources...

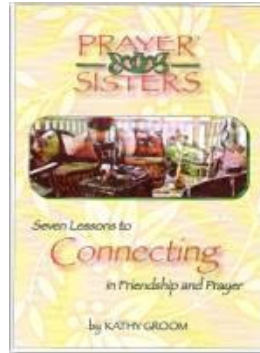
The Prayer Sisters books are valuable resources for each Prayer Sister. If you haven't had a chance to get your copies yet, order them today!



### Starting the Connection

The Prayer Sisters handbook, **Starting the Connection**, is the perfect tool for each Prayer Sister. This small book gives valuable information on what it means to be a Prayer Sister, suggestions on how to successfully manage your get-togethers, helpful forms, tons of Sisterly Advice and more.

**(only \$6.00 each plus shipping and handling)**



### Connecting

The guidebook, **Connecting: Seven Lessons to Connecting in Friendship and Prayer**, is comprised of powerful stories, personal challenges and group checkup questions as well as a place to journal prayer requests and answers.

**(only \$7.00 each plus shipping and handling)**

Our Online Store is almost ready!  
In the meantime, contact us at [admin@prayersisters.org](mailto:admin@prayersisters.org)  
to order your Prayer Sisters Resources.

## Visit with a Board Member...

We'd like you to meet our Ministry Board Members! In this issue, you will hear from **Pat Mason**, one of our first board members and also one of the original Prayer Sisters.



Several years ago, Pat opened her living room to a group of anxious mothers who had all decided to pray together regularly. Raising three teenagers at the time, Pat joined eagerly in prayer with this band of prayer warriors. Over the years the group grew so close they started calling one another "Prayer Sisters"—and that's where it all began! Pat now serves on the Ministry Board of Prayer Sisters International with a passion to help other women experience the life enriching benefits she continues to enjoy with her own Prayer Sisters.



Pat's word of advice: "Our families have a need for privacy and they need to be able to trust us. When you share prayer requests with your Prayer Sisters, you can share a need without exposing intimate, private details. It's fine to share your own stuff freely, but be careful when sharing your family's issues. Your goal is to recruit your Sisters' prayers, but you don't want to jeopardize your own family relations in the process."

*Let us hear from you! We'd like your suggestions for improving our newsletter, resource books, special events.*

*How can we better meet your needs? Let us know!*

Contact us at [admin@prayersisters.org](mailto:admin@prayersisters.org) with your ideas.