

PRAYER[®] — — SISTERS

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Note from founder... Kathy Groom

As a desperate young wife, I sat in a seminar and eagerly listened for spiritual words of wisdom. And I heard something that forever changed the way I looked at prayer.

More than twenty years have passed and I still hang onto this profound truth shared that day by prayer expert Dr. Dick Eastman:

“Something happens when we pray that doesn’t happen when we don’t.”

Think about it! Something does happen when we pray... prayers are answered—prayers that wouldn’t be answered if we didn’t pray them! We release

our concerns to the One who cares about us and wants the best for us. God hears. And he replaces our fears with his peace when we place our trust in him. That happens and more. So much more. But it won’t happen if our prayers don’t happen.

So, I must admit... even though I believe this truth, some days I still find it hard to pray. Why? Because life happens. I get busy. I get discouraged. I get distracted. That’s why I appreciate and value my Prayer Sisters more than ever.

We help each other stick to our commitment to pray. Kind

of like good friends at the gym, you know what I mean? It’s easier to climb on the treadmill when we have a good friend walking beside us. Same with praying together.

When we know we have friends praying for us, and who are counting on us to pray for them, it helps us to pray with more diligence. And girls, we can count on incredible things happening that wouldn’t happen otherwise!

Praying with you,

“Something happens when we pray that doesn’t happen when we don’t.” —Dr. Dick Eastman

“Call to me and I will answer you and tell you great and unsearchable things you do not know.”

**—God
(Jeremiah 33:3)**



“I thank God for my Prayer Sisters and the miraculous things that he is doing through them!”
~Marsha

Now you can help other women become Prayer Sisters!

- If you have found that being a Prayer Sister is valuable, consider helping another Prayer Sisters group get started. You may want to simply meet with new Prayer Sisters for their first few meetings. Your experience and guidance can be a big help!
- Your gift of \$10 or more can help us spread the word through our variety of resources. With every \$10 donation we receive, we are able to send a complimentary set of books to women who would not otherwise be able to afford our resources. Your help is greatly appreciated! Contributions can be made online. Visit our website www.prayersisters.org and you’ll find a link under ‘Features & Highlights’ where you can contribute.

Dr. Eastman is the international president of Every Home for Christ, and also the originator of the *Change the World School of Prayer*. He is the author of numerous best-selling books on prayer and evangelism, including *Dick Eastman on Prayer* and *The Jericho Hour*.

- Please pray with us for this ministry. We have an enemy who does not want women connecting and praying together, and we need prayer warriors to intercede with us. If you are interested in becoming a PSI Prayer Partner, please contact us at info@prayersisters.org.



**New! Prayer Sisters Mugs!
See page 3 for details!**

PRAYER[®]
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SISTERS

Prayer Sisters Intl (PSI) is a 501(c)(3) nonprofit organization that helps women connect in supportive friendships and assists churches in establishing a vital ministry that connects women by encouraging them to become Prayer Sisters.

www.PrayerSisters.org

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Q&A—With Board Member Royce Uyechi...



Q – One of our members monopolizes our prayer time with her numerous needs. How can we give others a chance to pray?

A – During the life of every group there will be an ebb and flow of some members being in times of crisis while others are in a time of relative calm and can be in a supportive role. However, if one person seems to be in extreme need, she would probably benefit from one-on-one time with a mature believer in the group. If the leader does not feel that she is the best one to give this support, she could approach another member in the group to do so. Ideally, this should stay within the group because of our pledge of confidentiality to each other. However, if you feel that this is beyond your ability to handle, be sure to ask the member's permission to involve someone outside the group.

Q – Is it OK to have people submit written requests?

A – Definitely. Especially if someone is not comfortable speaking aloud, this can be an effective way to keep them included. Some groups choose to e-mail each other their requests before each meeting so that they can use their time together more effectively.

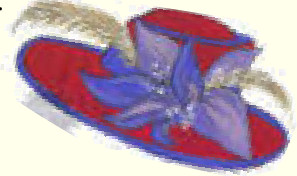
(Email your questions to Royce@prayersisters.org)

Sister Stories...

Donna and her Prayer Sisters are a colorful, “second-season-of-life” group. I once ran into two of them giggling in the greeting card aisle of a local grocery store. Dressed to the nines, including bright lipstick and Dulcie’s eye-popping hat, they excitedly told me they were on their way to meet the rest of their Prayer Sisters for an “all girls” vacation. Their faces beamed as they told me how much they loved their friendship. These ladies have been praying together for several years and have grown to love and appreciate one another as true sisters.

As Dulcie put it: “We’re sisters by choice—God’s choice.”

—Dulcie—



“Reading about Prayer and praying are as different as reading a romance novel and kissing.” ~ Nicole Johnson

All my longings lie open before you, O Lord;
my sighing is not hidden from you. ~ Psalm 38:9

For Ministry Leaders... by Karla Duckworth

Being real and transparent is so important as a PS leader. Too often in ministry we want to appear like we have everything figured out. We put up a good front. If we are dressed cute, our hair is trendy, and we seem calm and peaceful, somehow others will want what we are promoting, right? Wrong!

The truth is: if I conceal my brokenness and hide who I really am, I mistakenly spend my energies pretending to be perfect and totally miss out on ministering to those in my circle.

When I remove my “I’m perfect” mask and reveal my

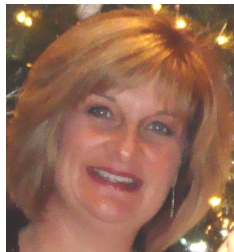
struggles and shortcomings, I actually become a more credible leader/guide because I show I am real—just like everyone else. Yes, I get speeding tickets and lose it with my husband and children. But I am learning to accept God’s grace, and as a result I am better able to extend his grace to others.

Leading in any ministry can be challenging with all the hurts, brokenness, and pain, including our own. But when we set the example of sharing from our heart, we make it easier for others to share as well. And that is when real ministry happens.

Visit with a Board Member...

We’d like you to meet Karla Duckworth, our newest board member!

Karla joined the PSI Board of Directors in January 2008, having recently retired from a career in education to pursue her ministry dreams.



Besides serving on the PSI Board of Directors, Karla is Prayer Sisters Coordinator and Assistant Events Leader for Women’s

Ministries for her local church. She also volunteers for the Women’s Crisis Center on a regular basis. With a passion for serving women, Karla has frequently led women’s Bible studies and spoken at retreats and conferences.

Karla and her husband, Rick, of 28-plus years have two young adult children, Adam and Katy. They live in Castle Rock, Colorado, although Karla holds onto the essentials of her Southern upbringing: Louisiana-born things of the south like grits, jambalaya, and cornbread, and raised-in-Texas big hair and big jewelry—all “important staples to living!” she says.

Sisterly Advice... From the Prayer Sisters Handbook: "Starting the Connection"



On Friendship

We at Prayer Sisters International understand the hesitancy to enter into new or deeper relationships. Past hurts and embarrassments haunt us, serving as a barrier around our hearts. Our prayer is that God will heal wounded hearts and help women enter once again into friendship the way God intended it to be. There is no need to be alone.

You don't realize what you're missing when you only pray alone. ~Lindsey

On Prayer

Sometimes our prayers become so desperate that we don't know what in the world to pray. Don't worry. We can trust the Holy Spirit to give us just the right words. In fact, the Holy Spirit continues to intercede for us long after our meetings are over! (See Romans 8:26-27)

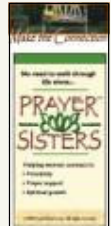
On Spiritual Growth

Ask God to search your heart and reveal any barriers that would inhibit your prayers.

Search me, O God, and know my heart; test me and know my anxious thought. See if there is any offensive way in me, and lead me in the way everlasting. (Psalm 139:23-24). 6:19

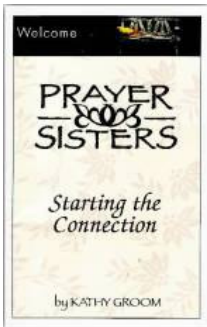
For Ministry Leaders—

This colorful tri-fold brochure will help you introduce Prayer Sisters to your organization. We've reserved a space on this informative flyer for your own contact information. Contact us at resources@prayersisters.org to order a bundle. Together we can help women connect!



Prayer Sisters Resources...

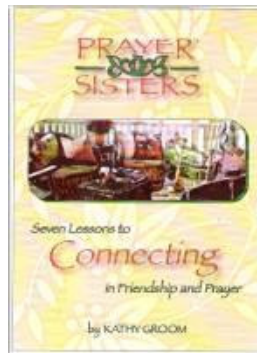
The Prayer Sisters books are valuable resources for each Prayer Sister. If you haven't had a chance to get your copies yet, order them today!



Starting the Connection

The Prayer Sisters handbook, **Starting the Connection**, is the perfect tool for each Prayer Sister. This small book gives valuable information on what it means to be a Prayer Sister, suggestions on how to successfully manage your get-togethers, helpful forms, tons of Sisterly Advice and more.

(only \$6.00 each plus shipping and handling)



Connecting

The group guide, **Connecting: Seven Lessons to Connecting in Friendship and Prayer**, is comprised of powerful stories, personal challenges and group checkup questions as well as a place to journal prayer requests and answers.

(only \$7.00 each plus shipping and handling)

New! Prayer Sisters Mugs!

When one of our Prayer Sisters, Lee, moved across the country, she left behind a special tea cup for each of her praying friends.

"Pray for me every morning when you drink your coffee!" she told them. Years later she learned that her friends were still sipping and praying for her with their special cups.

We were so inspired by Lee's story we designed our own Prayer Sisters coffee mugs! Now available!

Our fun, bright yellow Venetian style 14 oz. coffee mug is perfect for Prayer Sisters to enjoy! Keep your coffee or tea warm in these generous, sturdy mugs as you pray together at your regular get-togethers. Or pour yourself a steaming drink at home and let your new mug remind you to pray for your Prayer Sisters. (Only \$10 each plus shipping and handling)

To place your order, visit our online store at www.prayersisters.org or contact us at resources@prayersisters.org.

You can read old newsletters online! Just go to www.prayersisters.org resources and click on "newsletters."

All the past issues are archived there for you!



Front: Prayer Sisters Logo, Back: "...and they raised their voices together to God. -Acts 4:24"